

# KURSPLAN YOUNGSTER

Alle Kurse für Kinder und Jugendliche. Der Plan für Erwachsene liegt separat.  
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| Zeit  | Montag                                                                                                                                                  | Dienstag                                                                                                                                                  | Mittwoch                                                                        | Donnerstag                                                                           | Freitag                                                                                                                                                  |
|-------|---------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|
| 16:15 |                                                                                                                                                         | <div><div></div><div>Fighter Minis<br/>60 Min. · Minis (4–6)</div></div>                                                                                  |                                                                                 | <div><div></div><div>Fighter Minis<br/>60 Min. · Minis (4–6)</div></div>             |                                                                                                                                                          |
| 17:15 | <div><div></div><div>Youngster Boxen<br/>60 Min. · Youngster (7–13)</div><div></div><div>Youngster Kickboxen<br/>60 Min. · Youngster (7–13)</div></div> | <div><div></div><div>Youngster Boxen<br/>60 Min. · Youngster (14–17)</div><div></div><div>Youngster Kickboxen<br/>60 Min. · Youngster (14–17)</div></div> | <div><div></div><div>Youngster Boxen<br/>60 Min. · Youngster (7–13)</div></div> | <div><div></div><div>Youngster Kickboxen<br/>60 Min. · Youngster (14–17)</div></div> | <div><div></div><div>Youngster Boxen<br/>60 Min. · Youngster (14–17)</div><div></div><div>Youngster Kickboxen<br/>60 Min. · Youngster (7–13)</div></div> |