



MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG
09:30 - 10:30	09:30 - 10:30	09:30 - 10:30	09:30 - 10:30	09:30 - 10:30	10:00 - 11:00
Kickboxen BOOST Mika	Boxen BOOST Tala	Kickboxen TECHNIK 1-2 Patrick	Boxen TECHNIK 1 Tala	Thaiboxen TECHNIK 1+2 Alina	Boxen BOOST 2 DIAMANT
17:15 - 18:15	17:15 - 18:15	17:15 - 18:15	17:15 - 18:15	17:15 - 18:15	11:15 - 12:45
YOUNGSTER (7-10) Susann	YOUNGSTER (15-18) Susann	YOUNGSTER (11-14) Patrick	YOUNGSTER (7-10) George	Boxen TECHNIK 1 Tala	Competition Training ALLE 90 Min. DIAMANT
YOUNGSTER (11-14) George	Kickboxen BOOST Robert	Thaiboxen BOOST Mika	Boxen BOOST Murat	freies Training (Anmeldung max. 5)	
18:30 - 19:30	18:30 - 19:30	18:30 - 19:30	18:30 - 19:30	18:30 - 19:30	
Boxen TECHNIK 1 Susann (P)	Thaiboxen TECHNIK 1 Susann (P)	Kickboxen TECHNIK 1- 2 Alina	Boxen TECHNIK 1-2 Murat	Kickboxen TECHNIK 2 Dennis	freies Training (Anmeldung max. 5)
Thaiboxen TECHNIK 1 George	Boxen TECHNIK 1 Robert	Kickboxen (P) + URBAN SPORTS MIKA	Kickboxen TECHNIK 1 Denise	Boxen TECHNIK 2 Tala	
freies Training (Anmeldung max. 5)	freies Training (Anmeldung max. 5)	freies Training (Anmeldung max. 5)	YOUNGSTER (15-18) George		
19:45 - 21:15	19:45 - 21:15	19:45 - 21:15	19:45 - 21:15		
Kickboxen BOOST George	Boxen TECHNIK 2 Robert	Thaiboxen TECHNIK 2 Mika	Kickboxen TECHNIK 2 Denise		

Stand 25.11.2021

